Who is covered in Iowa’s Medicaid Program?

**ELIGIBILITY GROUPS**

<table>
<thead>
<tr>
<th>MCO</th>
<th>FFS</th>
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<tbody>
<tr>
<td>Children (0-18 years)</td>
<td>Undocumented immigrants</td>
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<tr>
<td>Current &amp; Former Foster Care Children</td>
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<tr>
<td>Parents and other Caretaker Relatives</td>
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<tr>
<td>Pregnant Women</td>
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<tr>
<td>Aged, Blind, and Disabled Adults</td>
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<tr>
<td>Dual Eligibles*</td>
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<tr>
<td>Disabled Children</td>
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<tr>
<td>Newly Eligible Adults</td>
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<tr>
<td>American Indians/Alaskan Natives**</td>
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<tr>
<td>Qualified Non-Citizens*</td>
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</table>

* Some Medicare enrollees will be classified as Qualified Medicare Beneficiaries (QMB) or Specified Low-Income Medicare Beneficiaries (SLMB) and be enrolled in fee-for-service programs.

** Traditionally enrolled in a fee-for-service program but can now choose to enroll in an MCO.

+ Qualified Non-Citizens can apply (and be eligible) for Medicaid after being in the U.S. for 5 years, except for children.

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**Important News**

- **August 2015** - The Iowa High-Quality Health Care Initiative selects the following health plans to provide coverage for the Medicaid program: Amerigroup Iowa, Inc.; AmeriHealth Caritas Iowa, Inc.; and UnitedHealthcare Plan of the River Valley, Inc.¹

- **May 2017** - Iowa’s third-major ACA insurer threatens to remove themselves from the marketplace. The other two major insurers have already withdrawn from the marketplace, which means that Iowa could be without any insurers on its exchanges for 2018.²

- **June 2017** - Governor of Iowa faces lawsuit over Medicaid managed care’s adverse impact on individuals with disabilities.³

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**Medicaid Medical Director’s Network**

After one year of Medicaid managed care, the state of Iowa is facing backlash from the press and political adversaries of the governor, who originally mandated the shift to MCOs. The state is waiting on reliable data from the MCOs to assess the impact of MCOs in the state.

Through a State Innovation Model project, Iowa is planning to develop seven Accountable Care Organizations (ACOs) by 2019.

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**Do Medicaid health plans provide coverage?**

- **Yes**
- **No**

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**How has Iowa’s Medicaid program engaged in Managed Care?**

**SECTION 1115 WAIVERS**

The **Iowa Wellness Plan** was created to cover newly eligible adults up to and including 100% of the FPL. In addition, the Marketplace Choice Plan would allow adults between 100-133% FPL to be eligible through premium assistance. An amendment was added that requires members to complete a designated “healthy behavior” in order to waive premium payments on full dental benefits.

**Status:** Pending approval

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**APPROVAL:** 12/10/2013

**EFFECTIVE:** 1/1/2017

**EXPIRATION:** 12/31/2019

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www.MedicaidInnovation.org
How is Iowa meeting the needs of Medicaid enrollees?

**Value-Based Healthcare Initiatives**

Iowa has several initiatives, including Health Homes, Integrated Health Homes (IHH), the Balancing Incentives Payment Program (BIPP), the Iowa Health and Wellness Plan, and the Mental Health and Disability Services (MHDS) Redesign.9

Iowa Medicaid currently has Accountable Care Organization (ACO) agreements with several health care organizations throughout Iowa. These ACOs serve the Iowa Wellness Plan member population, and focus on care coordination and improved health outcomes.10

Iowa’s Health Home program is for Medicaid members with specific chronic conditions. Members must have one chronic condition and be at-risk for a second condition such as hypertension, overweight, heart disease, diabetes, asthma, substance abuse, and mental health. Some of the various services include:11

- A primary care practitioner who manages all your health care.
- A nurse to help you distinguish and achieve your health goals.
- Access to support services to remove barriers to achieving better health.

**Family Planning**

The Family Planning Program covers family planning services for men and women ages 12-54 at or below 300% of the FPL. The Iowa Family Planning Network program was created through a 115 waiver. Services covered include:12

- Birth control exams
- Birth control counseling
- Limited testing and treatment for STDs
- Pelvis exams
- Pap tests
- Pregnancy tests
- Voluntary sterilization
- Emergency contraception
- Birth control supplies (implants, IUDs, birth control pills, Depo Provera, spermicidal, vaginal rings, condoms, foam/jelly/sponges)
- Ultrasounds (if medically necessary)
- Yeast infection treatment

**Women’s Health**

All women who receive health care coverage through the Iowa Health and Wellness Plan will receive comprehensive services including:13

- Preventive services - mammograms, pap tests, vaccinations
- Prescription drug coverage - medicine for birth control, blood pressure, blood sugar, etc
- Hospitalizations
- Emergency care

Iowa offers a Maternity Management Program to Medicaid enrollees who have had previous maternity complications or have any medical condition that might cause the pregnancy to be high risk. Through this program, eligible enrollees receive a health coach who is trained in maternity care and works with both the enrollee and the health care provider.14

**Mental Health and Substance Abuse Disorder**

Enrollees of Iowa’s Medicaid are automatically eligible for the state’s behavioral health services. The Iowa Plan is a managed care system that provides coverage for Medicaid mental health services and substance use treatment. Services include:15

- Emergency services
- Inpatient hospitalization
- Non-psychiatric services
- Professional, clinic visits and other laboratory testing and radiology
- Outpatient hospital laboratory and radiology
- Outpatient hospital
- Home care
- Ambulance transportation
- Drug therapies covered: naloxone, naltrexone, acamprosate, and disulfiram 16

**Oral Health**

Iowa’s Dental Wellness Plan began on July 1, 2017. Members receive full dental benefits during the first year of the Dental Wellness Plan but must complete a “Healthy Behaviors” assessment to continue receiving full benefits. Complying with “Healthy Behaviors” means completing an oral self-assessment and preventive services. Noncompliance with “Healthy Behaviors” may result in paying a monthly premium.17

Full dental services include:18

- Diagnostic/preventive dental services
- Exams and education
- Cleanings
- X-rays
- Fluoride
- Restorative Services
- Non-surgical periodontal
- Endodontic care
- Crowns
- Tooth replacements
- Periodontal surgery

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