NEW YORK MEDICAID FACTS

Who is covered in New York’s Medicaid Program?

ELIGIBILITY GROUPS

**FFS**<sup>1,2</sup>  **MCO**<sup>3-6</sup>

- Incarcerated**
- Undocumented Immigrants+
- Children (0-18 years)
- Current & Former Foster Care Children
- Parents and other Caretaker Relatives
- Pregnant Women
- Aged, Blind, and Disabled Adults
- Dual Eligibles
- Disabled Children
- Newly Eligible Adults
- American Indians/Alaskan Natives
- Qualified Non-Citizens*
- Intellectual and Developmental Disabilities

*Qualified non-citizens are subject to a 5-year waiting requirement, except for children under age 18 and pregnant women.

**Inpatient hospital services only.

+ Emergency Medicaid services only.

Medicaid Medical Director’s Network

The Medicaid Redesign Team (MRT) will focus future efforts on the following key initiatives: providing care management for all, behavioral health transition to managed care, and creating a path toward value-based care.

How has New York’s Medicaid program engaged in Managed Care?

SECTION 1115 WAIVERS<sup>11</sup>

New York Medicaid Redesign Team (MRT) waiver was created to provide coverage for most Medicaid enrollees through managed care organizations. Home and Community-Based Services (HCBS) services and Long-Term Services and Supports (LTSS) were integrated into the managed care program through amendments.

- **APPROVAL:** 7/15/2007
- **EFFECTIVE:** 12/7/2016
- **EXPIRATION:** 3/31/2021

Important News

- **April 2014** - Governor announced that New York would submit a waiver to create the Medicaid Redesign Team (MRT) to transform the state’s health care system, curbing Medicaid costs, and ensure access to high-quality care for all Medicaid members.<sup>5</sup>
- **September 2016** - New York’s Medicaid spending rate is falling at about twice the national average. The state has taken several steps to achieve this, such as the state’s deliberate effort to control cost through the Medicaid Redesign Team. The state also put a global cap on the growth of overall Medicaid spending at the medical inflation rate and eliminated automatic annual increases in provider payments.<sup>8</sup>
- **June 2017** - Governor directed the New York State Department of Financial Services to declare new emergency regulations mandating that health insurance plans not discriminate against New Yorkers with preexisting conditions or based on age or gender.<sup>9</sup>

Do Medicaid health plans provide coverage?*<sup>10</sup>

- **YES**
- **NO**

- Affinity Health Plan
- Amida Care SN
- Capital District Physicians Health Plan
- Crystal Run Health Plan
- ElderPlan
- Empire BlueCross BlueShield HealthPlus
- Excellus Health Plan
- Fidelis
- Guildnet
- HealthFirst
- HealthNow
- HIP of Greater New York
- Independent Health Association
- Liberty Health Advantage
- MetroPlus Health Plan
- MVP Health Plan
- NYS Catholic Health Plan
- Senior Whole Health
- Total Care
- Touchstone/Prestige
- UnitedHealthcare Community Plan of New York
- VNS Choice
- WellCare of New York
- YourCare Health Plan

* Excludes ACO options.
How is New York meeting the needs of Medicaid enrollees?

**Value-Based Healthcare Initiatives**

New York currently has two Patient Centered Medical Home (PCMH) initiatives: Medical Home Demonstration in the Adirondack region and the statewide Medicaid PCMH demonstration. The programs include a physician-led care team, which is responsible for providing all health care needs with an emphasis on enhanced care through open scheduling, expanded hours, and communication among patients, providers, and staff. The programs evaluate quality of care through the measurement of preventive care, chronic disease management, acute care, utilization, and potentially preventable hospital admissions.12

Through a delivery system reform incentive program (DSRIP), New York implemented the Medicaid Redesign Team (MRT) waiver amendment. The DSRIP's purpose is to restructure the health care delivery system by changing the Medicaid program by reducing avoidable hospital use by 25% over 5 years.13

New York's **Health Home** services include:14

- Comprehensive care management
- Health promotion and transitional care, including appropriate follow-up from inpatient to other settings
- Patient and family support
- Referral to community and social support services
- Use of health information technology to link services

**Family Planning**15

Family planning services include:

- Testing for cervical cancer, pelvic problems, breast disease, anemia, and high blood pressure
- Testing and treatment for sexually transmitted diseases (STDs)
- Sterilization (tubal ligations and vasectomies)
- Emergency contraception
- Pregnancy tests
- HIV testing and pre- and post-test counseling
- Pap smears
- All types of birth control

**Women’s Health** Covered services for women's health include:26

- Routine check-ups twice per year with a clinician
- Follow-up care if needed
- Breast and pelvic exams

To be eligible for Medicaid in New York, pregnant women must have an income at or below 223% of the federal poverty level (FPL).17 Services for pregnant women include:18

- Routine pregnancy medical check-ups, lab work, and access to specialists
- Hospital care during pregnancy and delivery
- Information about pregnancy, labor, and delivery
- HIV counseling and testing
- Full health care for at least two months after delivery
- Infant care for at least one year after birth

**Mental Health and Substance Use Disorder**

All New York state Medicaid managed care enrollees have access to behavioral health care, including:19

- Intensive psychiatric rehab treatment
- Day treatment
- Clinic continuing day treatment
- Inpatient and outpatient mental health treatment
- Partial hospital care
- Rehab services in a community home or family-based treatment
- Continuing day treatment
- Personalized recovery-oriented services
- Assertive community treatment services
- Individual and group counseling
- Crisis intervention services
- Inpatient and outpatient substance use disorder treatment
- Inpatient detoxification services
- Opioid treatment
- Residential substance use disorder treatment
- Outpatient alcohol and drug treatment services detox services
- Covered drug therapies: methadone, naloxone, naltrexone, acamprosate, and disulfiram19

**Oral Health**16

All New York State Medicaid enrollees have the following dental services covered:

- Preventive dental check-ups
- Cleanings
- X-rays
- Fillings

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